



# Coach's Code of Ethics



Australian  
Calisthenic  
Federation

1.	Respect the rights, dignity and worth of every human being	<ul style="list-style-type: none"><li>• Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion</li></ul>
2.	Ensure the athlete's time spent with you is a positive experience	<ul style="list-style-type: none"><li>• All athletes are deserving of equal attention and opportunities</li></ul>
3.	Treat each athlete as an individual	<ul style="list-style-type: none"><li>• Respect the talent, developmental stage and goals of each athlete</li><li>• Help each athlete reach their full potential</li></ul>
4.	Be fair, considerate and honest with athletes	
5.	Be professional and accept responsibility for your actions	<ul style="list-style-type: none"><li>• Display high standards in your language, manner, punctuality, preparation and presentation</li><li>• Display control, respect, dignity and professionalism to all involved with the sport - this includes opponents, coaches, officials, administrators, the media, parents and spectators</li><li>• Encourage your athletes to demonstrate the same qualities</li></ul>
6.	Make a commitment to providing a quality service to your athletes	<ul style="list-style-type: none"><li>• Maintain or improve your current NCAS accreditation</li><li>• Seek continual improvement through performance appraisal and ongoing coach education</li><li>• Provide a training program which is planned and sequential</li><li>• Maintain appropriate records</li></ul>
7.	Operate within the rules and spirit of your sport	<ul style="list-style-type: none"><li>• The guidelines of national and international bodies governing your sport should be followed. Please contact your sport for a copy of its rule book, constitution, by-laws, relevant policies, eg anti-doping policy, selection procedures, etc</li><li>• Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA)</li></ul>
8.	Any physical contact with athletes should be: <ul style="list-style-type: none"><li>• appropriate to the situation</li><li>• necessary for the athlete's skill development*</li></ul>	
9.	Refrain from any form of personal abuse towards your athletes*	<ul style="list-style-type: none"><li>• This includes verbal, physical and emotional abuse</li><li>• Be alert to any forms of abuse directed toward your athletes from other sources while they are in your care</li></ul>
10.	Refrain from any form of harassment towards your athletes*	<ul style="list-style-type: none"><li>• This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability</li><li>• You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal</li></ul>
11.	Provide a safe environment for training and competition	<ul style="list-style-type: none"><li>• Ensure equipment and facilities meet safety standards</li><li>• Ensure equipment, rules, training and the environment are appropriate for the age and ability of the athletes</li></ul>
12.	Show concern and caution toward sick and injured athletes	<ul style="list-style-type: none"><li>• Provide a modified training program where appropriate</li><li>• Allow further participation in training and competition only when appropriate</li><li>• Encourage athletes to seek medical advice when required</li><li>• Maintain the same interest and support toward sick and injured athletes</li></ul>
13.	Be a positive role model for your sport and athletes	

\* Please refer to the Harassment-free Sport guidelines available from the Australian Sports Commission for more information on harassment issues.

## Coaches should...

- ◆ be treated with respect and openness
- ◆ have access to self-improvement opportunities
- ◆ be matched with a level of coaching appropriate to their level of competence



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## COACH'S CODE OF ETHICS AGREEMENT FORM

For registration or re-registration with the  
National Coach Accreditation Scheme  
(NCAS)

**TO:** Australian Calisthenic Federation (ACF)

National Sporting Organisation (NSO) or Training provider

I, \_\_\_\_\_ of \_\_\_\_\_  
Full Name Address

Address cont.

am seeking registration / re-registration (please circle) for the following Australian Sports Commission (ASC) qualification:

\_\_\_\_\_  
Level

\_\_\_\_\_  
Sport

***I agree to the following terms:***

1. I agree to abide by the Australian Calisthenic Federation Code of Ethics overleaf.
2. I acknowledge that the ACF and/or the State Association may take disciplinary action against me, if I breach the code of ethics. (I understand that ACF and/or the State Association are required to implement a complaints handling procedure in accordance with the principles of natural justice, in the event of an allegation against me)
3. I acknowledge that disciplinary action against me may include de-registration from the National Coaching Accreditation Scheme and State Association.

Please refer to the Australian Calisthenic Federation Member Protection Policy available from your State Association or contact your State Coaching Co-ordinator, if you require more information on harassment issues.

\_\_\_\_\_  
Signature  
(if under 18, parent / guardian signature)

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date